

# I

## THESE LETTERS ARE TOOLS FOR LIVING

This book is a journey. It is a journey of the soul. It has been said that the longest journey is from the head to the heart and back to the head again. For most human beings this is most indeed the case. This book is a journey, and it is also meant to be a guide for the journey. The journey is experienced on multiple levels. On whatever level one finds oneself experiencing the journey, it is fine and appropriate for that person at that point in time. There is no need to compare and contrast your journey with that of another. Your journey is authentic and unique.

**1** *This book is a journey of the soul*

These letters are tools for living. Like any tool, they must be used in order to produce anything. There is no magic in a tool, per se. Just finding a tool, owning a tool, or understanding how the tool works is not going to produce anything in and of itself.

**2** *These letters are tools for living*

The tool is not the creative force. You are the creative force. The tools just make the job at hand simpler or harder. The tools you use simply determine to what extent the creativity that you bring is going to be able to shine. With the right tools you can capture the nuances, the fine details. They can add a degree of artistry to what you are doing that makes the final product, as well as the process, more enjoyable to the one crafting, as well as to the ones exposed to the craft. And so it is with your life.

Furthermore, as in life, a tool is not particularly useful if you do not know how to use it. Sometimes the seeming complexity of the tool, or the clumsiness with which the unskilled handles the tool, can make the sweet creation possible, through the tool, appear to be beyond

**3** *You grow in your capacity to utilize tools*

the ken of the unfamiliar. Do not feel intimidated if you do not immediately grasp and understand how to use each and every tool presented here.

There is a sense of awe and appreciation that one has for a fine tool. It is treated with a certain degree of respect. Reverence is not necessary. However, the tools are cared for and used in a most conscious and deliberate manner. The tools are included in the planning, as well as in the process. One does not go about the business of engaging in an activity and then, after the fact, remember that one really needed to engage and involve the tools. No, one shows up prepared, with the understanding that the tools are there to help.

There's no anger with the tools. The tools are not judged or blamed for their improper use. There is the sense that one can grow in one's capacity to utilize the power and the fineness of the tools at hand. Typically, there is a conscious awareness that there is always another level of excellence that one can grow into, utilizing the exact same tools, if there is the willingness to go the extra mile.

#### 4 *You choose what you do with the tools*

So you have here tools, and you get to choose what you do with them. You get to choose whether you will grow in your spiritual understanding so that you can use these tools at deeper and deeper levels. You get to choose whether you will utilize these tools at the skill levels with which you are already familiar. You get to decide if you will go it on your own and forget about the fact that these, let alone any spiritual tools, are available to you at all.

It matters not to me, the Mother/Father God Creator of All Things, what choice you make here. However, it does matter a great deal to you, particularly from a qualitative, experiential standpoint. I am everywhere. I am equally available to everyone, regardless of the choices that they make or do not make. I am there to guide, direct, counsel, nurture,

love, inspire, sustain, protect, no matter what you do with the precious gifts of life that have been given to you.

There is an old saying, “You can lead a horse to water, but you can’t make him drink.” You understand the reference here. When this is said, it is rarely referencing horses. This is just as true of you, as human beings. You can be led to certain points of information, but they do not become revelation until you take it in.

As you read these works, do not be so concerned about their origins. Do you really care so much who created the tools that you use? Does it really matter that much—the context out of which they were developed? In your society, you often say, “Necessity is the mother of invention.” You know that it is often out of challenge that the greatest creative ideas are birthed.

**5** *Do you care who created the tools you use?*

However, once birthed and available, the circumstances of something’s conception become less relevant. As you engage each other as human beings, are you really that concerned about how each of you was conceived? Are you really concerned about the circumstances under which you were birthed? No, it is sufficient that you are here. This is not to say that the past is not important. It is to say, however, that if all of the attention is on how things came into being, you never engage what is actually at hand.

Know that there is a message in each of these letters for you. Do not be so concerned that the message appears to be delivered to someone else. That is merely an appearance. The messages are available to all. They are broadcasts throughout the Universe; it is simply a question of who has tuned in to hear them. The letters are not so much the indication of a particular person’s ability to hear my word. Rather, they are evidence that the

**6** *There is a message of Universal Truth for you in each letter*

message is available to be heard by anyone and everyone who so desires to tune into my vibration.

The specific context in which these letters might apply in your life may be quite different than presented here. However, at the core, at the center of it all, my Truth is Absolute and Eternal. If it is a Spiritual Truth, if it is my Truth, then it is True everywhere, at all times, for all people. Discern the Universal Truths here and do not dismiss any pearls because they appear to be more applicable to the strand of somebody else's life.

**7** *You will understand more each time you revisit the letters*

It is suggested here that you meditate on these letters. Pray about these letters. Pray for your understanding and the clarity that you in fact already have, even in the midst of seeming confusion at times. Contemplate these letters. This book is not simply something that you might sit down with at a single point in time and read from cover to cover. This is not necessary, nor is it a requirement. What is most important is that you savor your insights. What is most important is that you are open and available, that you allow the profound Truths and wisdom of these messages to penetrate deep into your soul. What is most important is that you integrate what you know. It is better to use a single tool than it is to have a dozen on your shelf that you simply look at.

There is always another level of Truth to be discerned. Revisit these letters, and you will find that every time you come back to them you will understand more than you did the previous time. This is true even if the seeming time differential is no more than a day, a twenty-four-hour day. The material is not so much to be mastered as it is to be embodied.

**8** *The contents of the letters are to be embodied, not mastered*

There is a difference here. When one tries to master something, one seeks to try to dominate and control it. The ego is running amuck in the consciousness of

mastering. It wants to see itself “on top” and wants to ride lord over everything else. The notion of mastering things is tied up in your deep need to control, as well as your ego’s need to puff up its own sense of esteem. However, in embodiment there is a yielding, there is a surrender. There is a harmonious integration that happens here. There is the understanding that what is being embodied is going to fundamentally change the one embodying it. The change is for gladness. There is no predetermination of all of the ways in which one will be impacted by what is being embodied.

Furthermore, it is understood that embodying is an ongoing process. With embodiment there are always deeper levels of awareness and understanding. As one embodies, one understands that the process is analogous to gardening where seeds are planted deep in one’s consciousness. There is, however, a gestation period, a time in which the seeds relinquish their lives as seeds, break out of their husks and shells to fulfill their great purpose in life. As they grow into being roots, they cling to the earth, they cling to the sustenance that has been provided for them by the Universe outside of their small selves. First the roots and then the fruits. The roots must grow strong and deep. It may take a while before there is evidence, on top of the soil, of this growth taking place. However, there is patience and compassion with everything that is happening subsurface. And so it is with your lives.

You can sometimes be in such a hurry to get somewhere. You can be in such a hurry to want things to be different. Allow these Truths to take root in your consciousness. At times you will feel different internally before there is the external evidence that these Truths are, indeed, working in your life. Do not discount the internal movement, for it is indeed the crux of the matter. If great changes start taking place in

*9 As these Truths take root within you consistently apply what you know*

your external environment without Truths having been deeply planted in your internal being, then the outer manifestations will not sustain. “The consciousness that obtains, sustains.” Go deep in your spiritual practice. Let your roots go deep.

Do not be afraid to apply what it is that you know at greater and deeper levels within your existence. There are not separate Truths for different areas of your life. You do not have a personal life, a professional life, a spiritual life, a political life, etc. You only have one life, and you take you with you wherever you go. Some of you are more apt to turn over certain aspects of your life to spiritual processes and less likely to turn over others. You may turn to spirituality for healing a matter of the heart; however, if it is a financial circumstance that needs healing, then you feel you must be in control of what is going on. Others of you may have confidence in spiritual healing with regard to your body temple. However, you would not use the same tools that you use for physical healing or for the unfoldment of your professional plans.

Consistency is most important here, your willingness to step out on what you know in more areas. Many of you will ask, “What’s next?” in your effort to “get on with it.” What is next for you is oftentimes to go deeper where you are, more than to move from where you are. In any event, you can only move from where you are. Allow yourself to be where you are, and utilize these letters as tools to bless where you are.

**10** *These letters are evidence of what's possible through our sweet communion*

I am most pleased that you are reading this at this point in time. It is the evidence of your willingness to be consciously aware as you matriculate through life. Know that I love you. Know that I am with you always. Hear me in the letters. Feel me in the letters for yourself. You do not need an intermediary. Jesus is often quoted in Scripture as having said after his messages, “He who has ears to hear, let him hear.” And so it is. I am there

for each and every one of you. Let the letters be evidence of  
what is possible through our sweet communion. ∞