



Dharma Ocean

Life Force: Connecting to the Magic of the Unseen World

The spiritual journey of discovering and inhabiting our wild and boundless basic being

Table of Contents: Talks & MP3 Tracks

The Life Force

(Dathün 2009-10)

1. The Message of This Lineage
2. What is the Life Force?
3. Where Does the Life Force Come From?
4. Why We Have Lineage
5. Guided Meditation: Drumming Calls to the Unseen World