

Sounds True  
Boulder, CO 80306

Illustrations and text © 2019 by Sarah Jane Hinder

Sounds True is a trademark of Sounds True, Inc.  
All rights reserved. No part of this book may be used or reproduced in any manner without written permission from the author(s) and publisher.

Published 2019

Cover & jacket design by Jennifer Miles  
Illustrations by Sarah Jane Hinder

Printed in South Korea

Library of Congress Cataloging-in-Publication Data  
Names: Hinder, Sarah Jane, author, illustrator.  
Title: Hello, sun! : a yoga sun salutation to start your day / written and illustrated by Sarah Jane Hinder.  
Description: Boulder, CO : Sounds True, 2019. | Summary: Illustrations and simple, rhyming text introduce a sun salutation yoga sequence for children.  
Identifiers: LCCN 2018050875 (print) | LCCN 2018055062 (ebook) | ISBN 9781683642848 (ebook) | ISBN 9781683642831 (hardcover)  
Subjects: | CYAC: Stories in rhyme. | Yoga--Fiction.  
Classification: LCC PZ8.3.H5553 (ebook) | LCC PZ8.3.H5553 Hel 2019 (print) |  
DDC [E]--dc23  
LC record available at <https://lcn.loc.gov/2018050875>

10 9 8 7 6 5 4 3 2 1

# Hello, Sun!

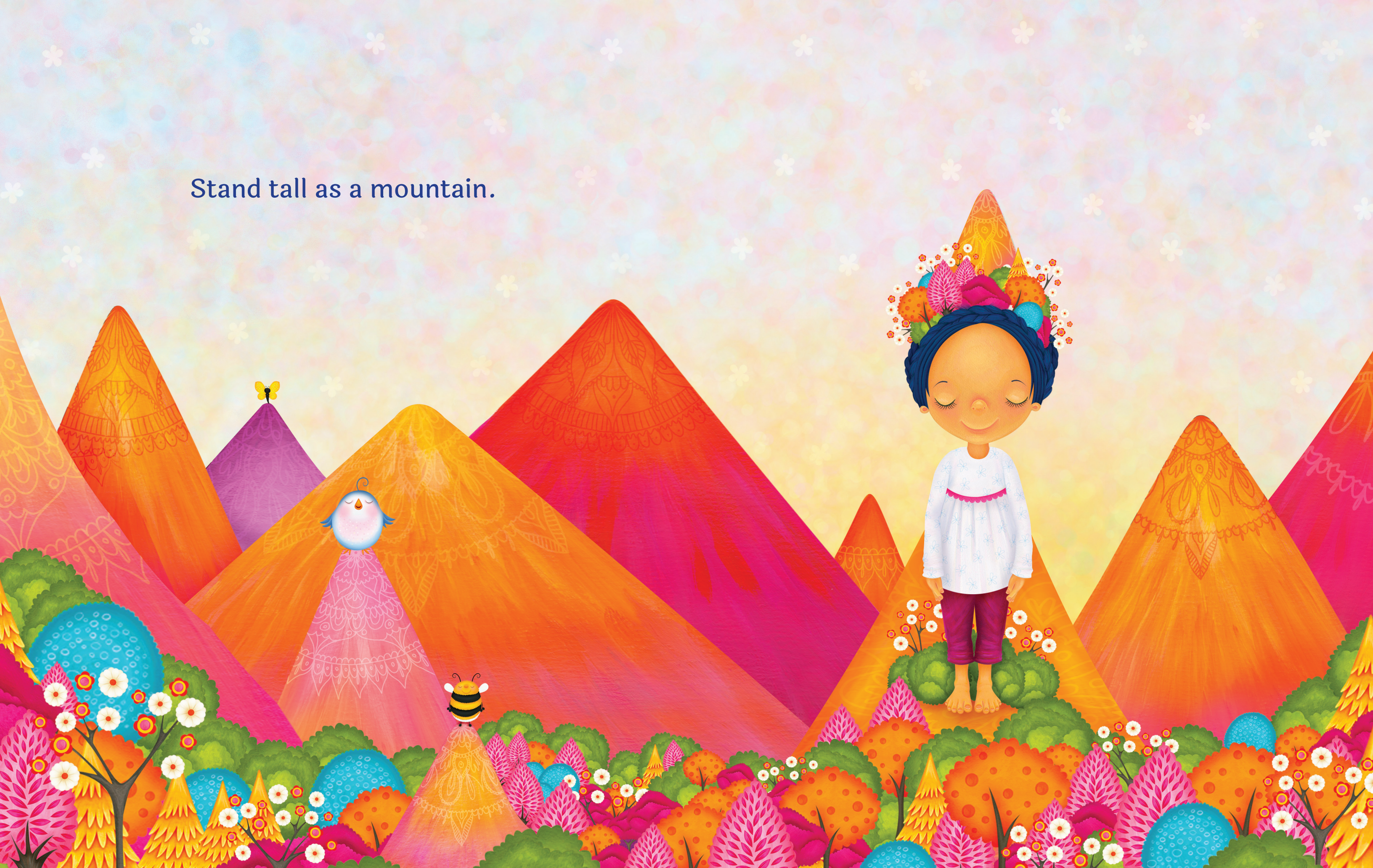
A Yoga Sun Salutation  
to Start Your Day

Sarah Jane Hinder

 sounds true  
BOULDER, COLORADO

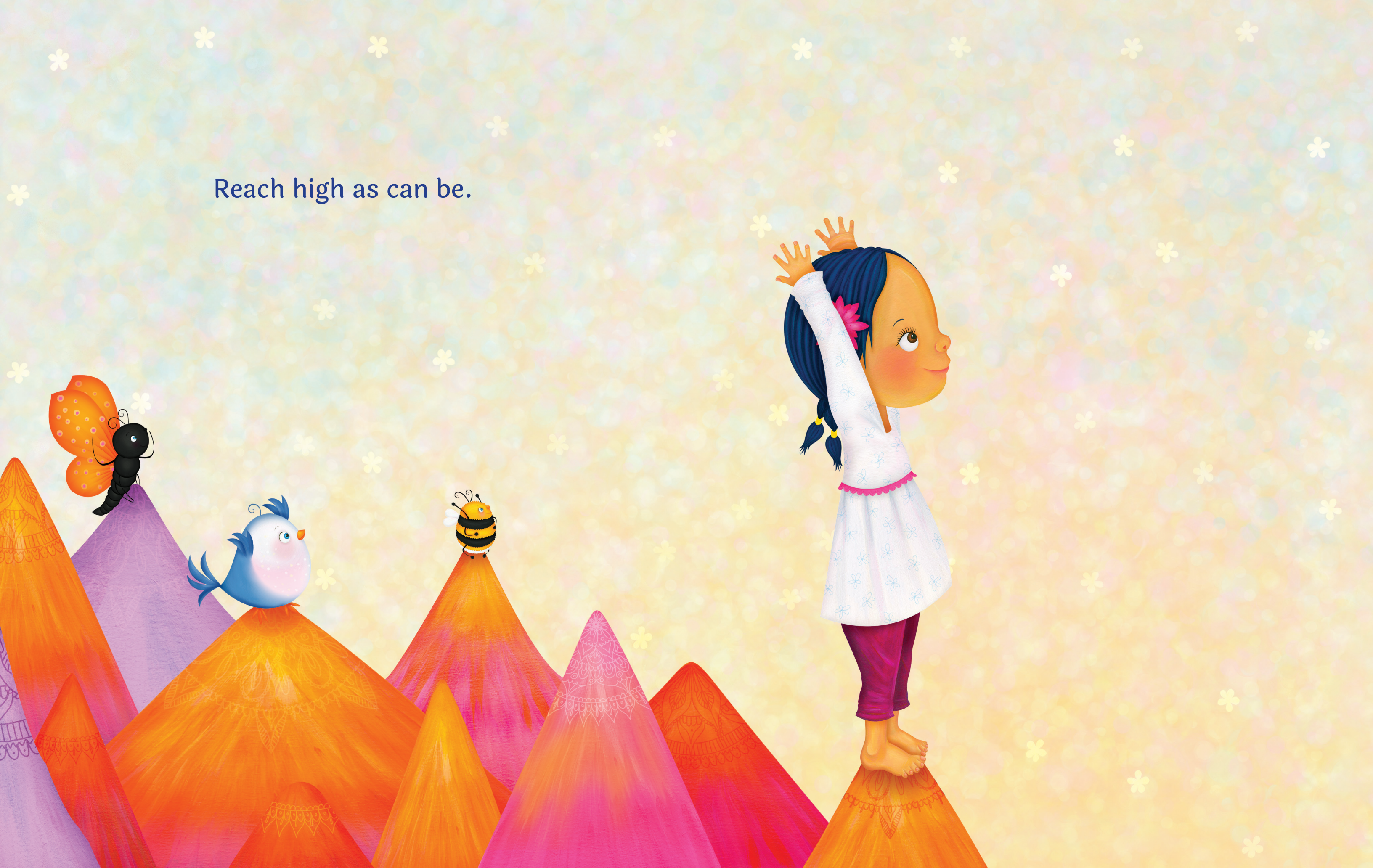


Stand tall as a mountain.





Reach high as can be.







Bow down to the ground.  
What do you see?