

**HOW TO BE
ULTRA
SPIRITUAL**

12½ STEPS
TO SPIRITUAL
SUPERIORITY

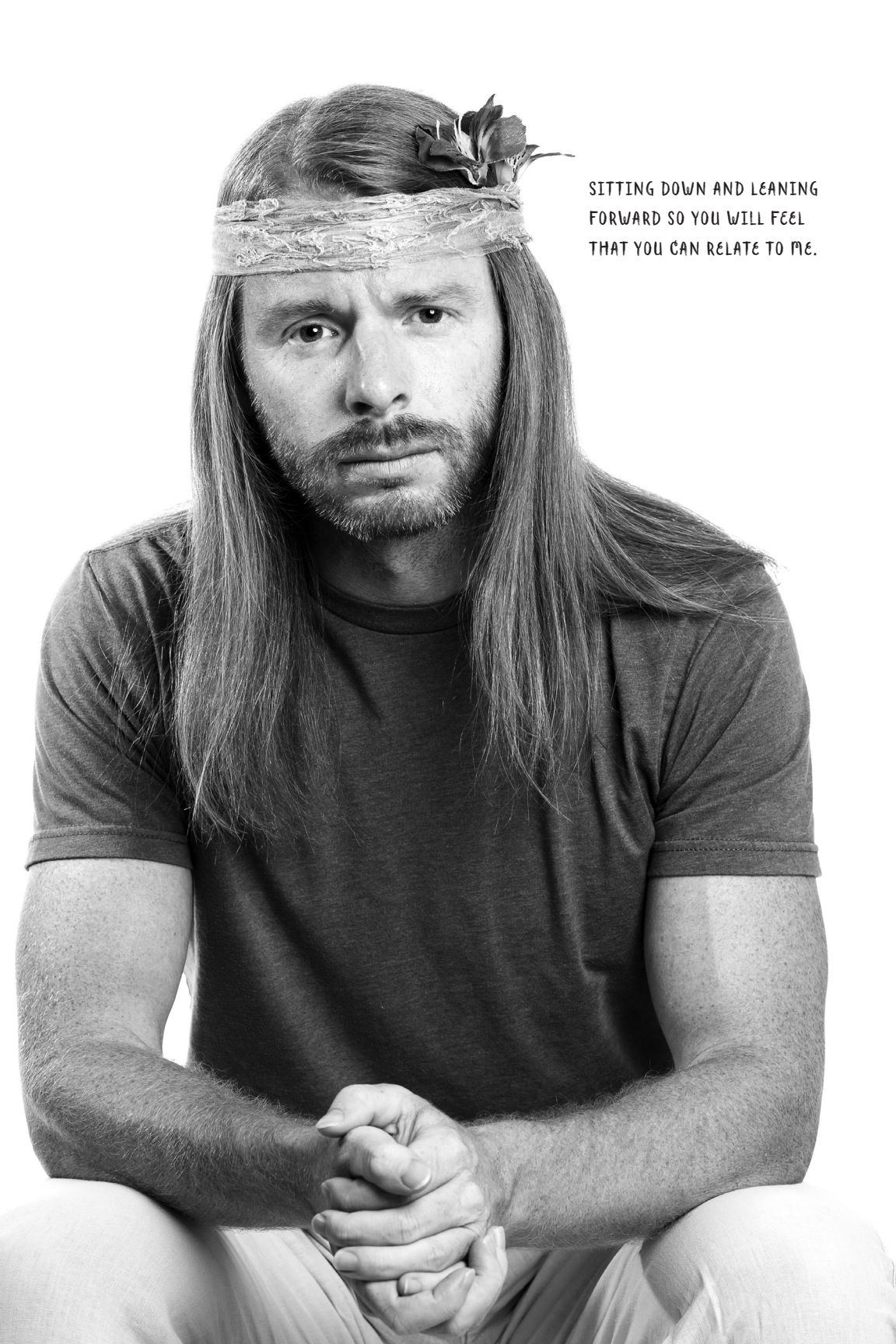
JP SEARS



sounds true
BOULDER, COLORADO

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SITTING DOWN AND LEANING
FORWARD SO YOU WILL FEEL
THAT YOU CAN RELATE TO ME.

INTRODUCTION TO THE

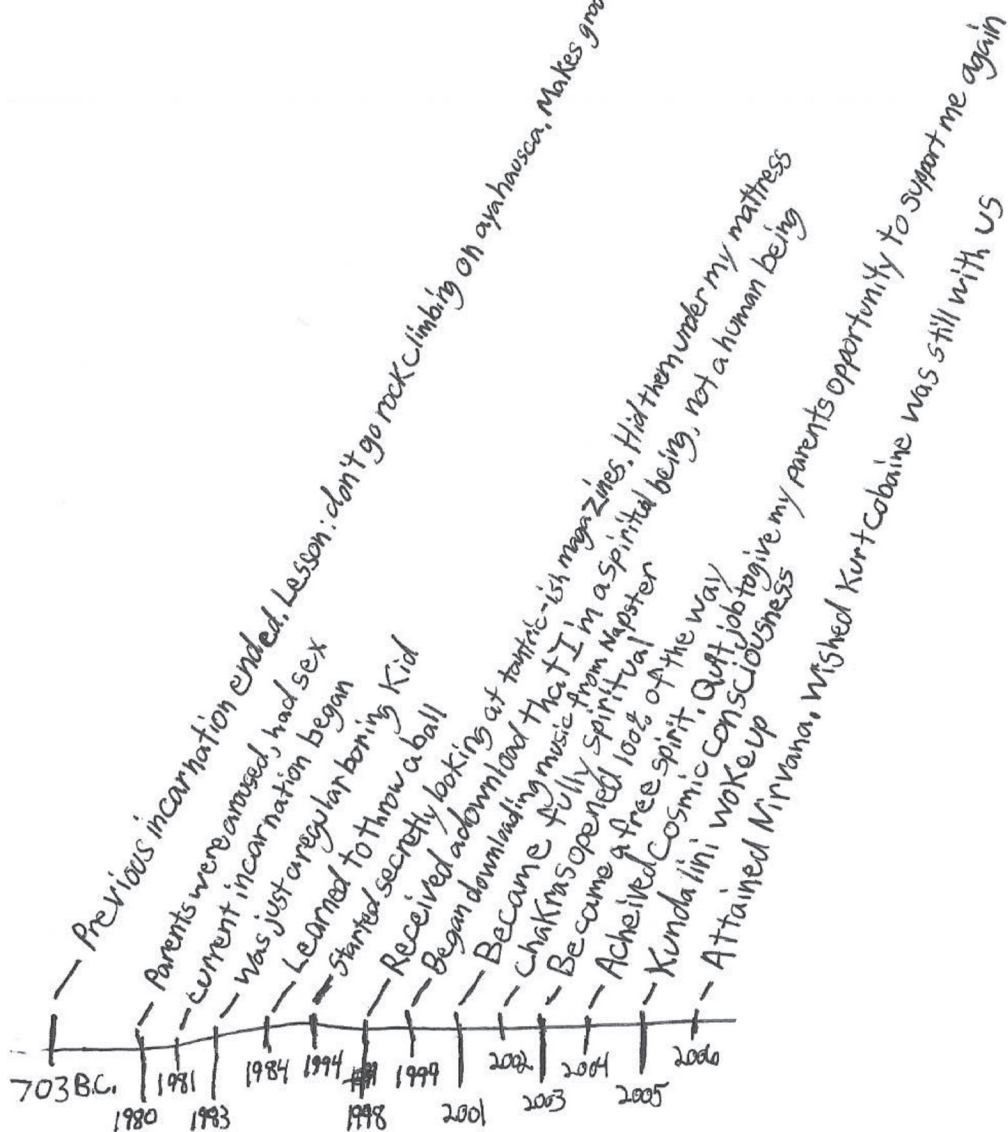
INTRODUCTION

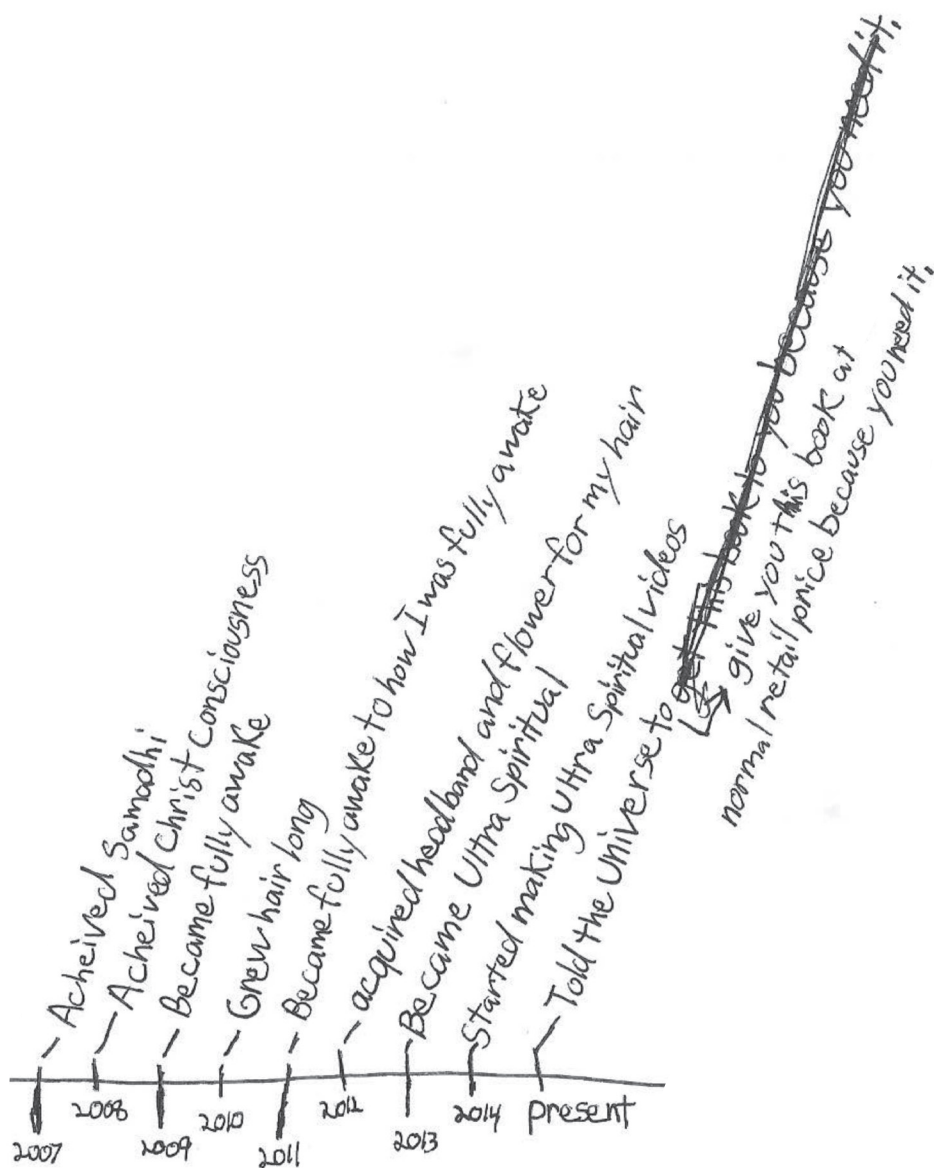
“Who am I?” and “Why should you read this book?” are tremendously understated questions. “Who am I not?” and “You are already reading this book” are better alternatives for you to contemplate. Better yet, the best question for you to consider as you enter this book is “How did the master of the spiritual domain named JP come to be?” I’m happy to calmly humor your question before your spiritual storm begins. For your convenience, to enlighten you about my journey from a normal person to elite spiritual accreditation, I’ll use a timeline.

A second best question that my intuition tells me that you’re asking yourself is, “With all the significant spiritual teachings that you’ve already digitally dropped on the world, why am I so lucky that you decided to write this book?” Understand this, all the ancient spiritual masters sprinkled the world with five-minute videos of their own. The videos were good. But they knew deep down inside that the world needed more. There’s a substantial limitation to how much wisdom can be conveyed in a five-minute video (some estimate approximately five minutes’ worth). For that reason Buddha went from zero subscribers on his YouTube channel to writing the Dhammapada in the shade of the Bodhi tree. Jesus went from live streaming Facebook videos on the mount, with questionable levels of backlighting, to having ghost-writers scribe parts of the Bible for him. And in much the same light I’ve stepped off the video screen and onto the written page with you so that I can give you a paper-delivered download of immeasurable magnitude that will be more awakening to your spirit than any video or kick in the astral field ever could be.

To add extra mystique, ancientness, and prophetic credibility, I penned this book centuries ago in a past life (including this introduction that I’m writing now). The former “I” that “I was” hid these spiritual pages in a cave by the sea because the people of the world

Time Line of My Ultra Spiritual Life





at the time just weren't ready for the Ultra Spiritual power that's embedded herein. Now, after priming the planet with countless Ultra Spiritual videos, and finally remembering which damn cave my past self hid them in, the world is ready for the real magnitude of my written teachings. That's why I today, who is the future self of my past life, while at the same time being the past self of a future life, unleash *How To Be Ultra Spiritual* the book onto you.

THE ACTUAL INTRODUCTION

ULTRA SPIRITUALITY

CROSSING THE EVENT HORIZON

If you're spiritual, you're hopeless. That's the sugarcoated version of the truth. Humanity—and, more important, the spiritual world—has crossed a threshold into a new level of consciousness. And if there's one thing for certain about consciousness, it's that more is always better. There's a lot more consciousness in the new level of consciousness that we're now conscious of, but you're unconscious to all of this if you're still wasting your life in the old consciousness that is only spirituality. Simply said, in the new time that we live in, it's not very spiritual to just be *spiritual*. In fact, the only thing worse than not being spiritual is *only* being spiritual.

The ship of spirituality has sailed. As a matter of metaphoric fact, it's not only sailed; it's sinking. And while it's sinking, there you are standing on the main deck still hopeful that you'll have a joyful day out at sea. Meanwhile, the strong, ferocious sea of the new consciousness is devouring your ship and you. You and all of your spiritual friends have been hopelessly hopeful while there has, in fact, been no hope for you at all. Until now. The new hope for your hopeful spiritual self is Ultra Spirituality, the new consciousness—the way of spiritual superiority. So you have two choices: either stand dogmatically attached to your old spiritual life and drown, or abandon the wreckage of spirituality and learn to swim in the new consciousness, the glorious grandeur of the Ultra Spiritual waters.

Ultra Spirituality is the new hope for you, you hopelessly hopeful spiritualist. The best I can do as the light bearer of Ultra Spirituality is hope that you choose swimming over drowning and dying an ultra painful death. Just like the old saying goes, "You can lead a horse to water but you can't make him swim; you can only hope he swims and

doesn't sink to the bottom of the pond.”¹ So if you choose to swim, I'm here to teach you how. And if you don't choose to swim, I'm here to teach you what to choose—the choice is yours.

WHAT IS ULTRA SPIRITUALITY?

Ultra Spirituality isn't spiritual. It's way more spiritual than spirituality is—it's Ultra Spiritual.

Ultra Spirituality definitely can't be defined with words; it's far too profound. If one were to try to use words to define that which can't

be defined, you could definitively

say that Ultra Spirituality is the art of appearing and believing that

you're more spiritual than everyone else, which is exactly what makes

you more spiritual than everyone

else. You could also say that it's not reaching for human potential; it's achieving spiritual potential.

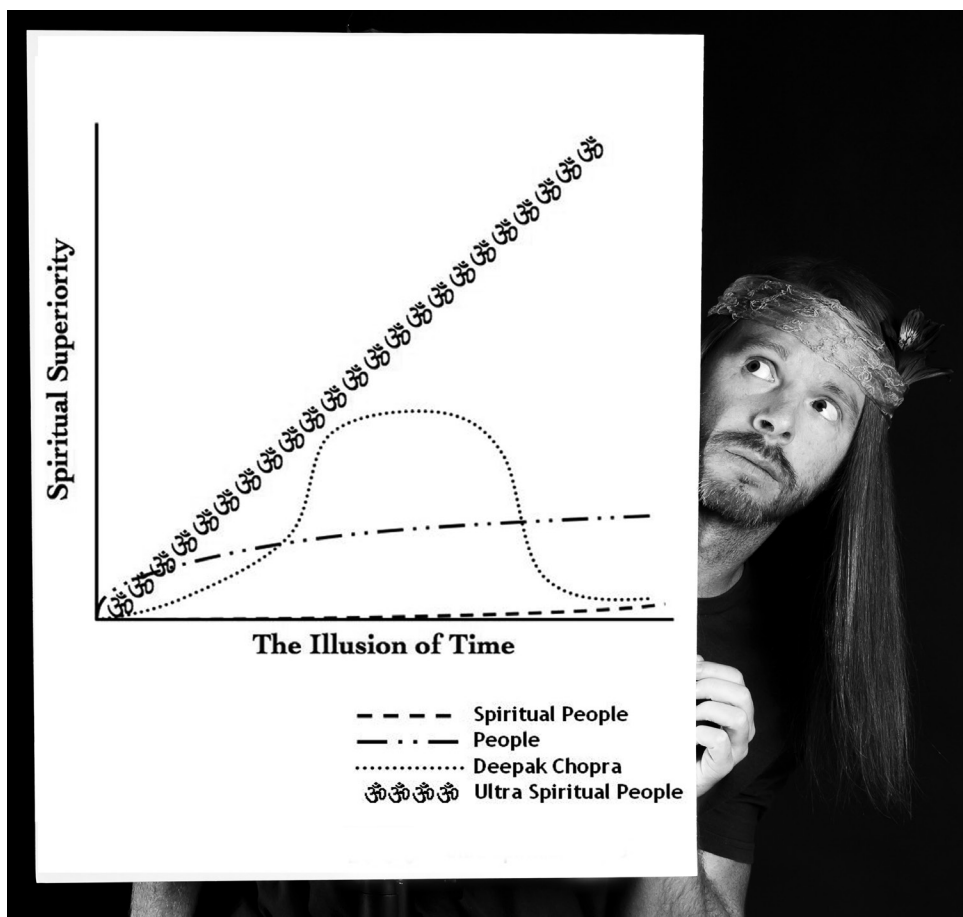
Take a look at this graph. It accurately depicts the spiritual superiority potential of Ultra Spiritual people compared with several other unnoteworthy types of people.

Ultra Spirituality brings the heart and soul of ancient spirituality back to life with a progressive aggression, replacing the diluted usefulness of modern spirituality. Perhaps the only thing more sad than watching Mahatma Gandhi ambitiously take on the twenty-third day of a hunger strike (i.e., his battle with anorexia) is realizing how this original heart and soul of spirituality, called superiority, has been lost in the “spiritual movement” for so long.

This tremendous loss in spirituality has been haunting seekers for millennia.² These dark ages of spirituality have been laced with

1 The horse gender equality movement hasn't forced me to speak in gender-neutral horse statements yet.

2 If you're a fundamentalist, “millennia” translates to six thousand—the highest number in your language.



notions of being a good person, connecting within, wearing mala beads, *OMing* with your friends, sending your enemies white light, and trying to find stillness instead of just taking psychedelics.³ The problem with these superficial doings of spirituality, if it isn't obvious already, is that anyone can do them! The “greatness” in spiritual greatness has been washed away with the sponge of mediocrity. Society at large reflects this dark energy. Just like in children's sports today, wherein all kids “earn” a medal of participation. Cross the finish line

3 But also taking psychedelics, too.

in eighteenth place, with no one behind you, and you're considered a winner. Everyone wins? More like everyone loses! It's a scientific fact that you can't have a winner unless someone's losing, and you can't be superior unless you're winning. If no one is great, then everyone loses. Spiritual losers have infected this world for too long.

Aggressively embracing mediocrity, let alone celebrating it just for "participating," is an insult to the human spirit. Long ago were the days when the child who was the best won, because he was a winner—he got the gold medal because everyone else lost to him. And why did they lose to him? Because he's better than they are. Parents are afraid that their children will feel hurt if they actually know where they stand next to others. This is a fear-based style of parenting. And since it's a fact that fear and love can't coexist,⁴ it proves that these parents don't love their children.

Why are we talking about these unloving parents? Because what we're really talking about is the unloving, unspiritual spiritualists of the dark period of consciousness that have diluted people's potential of spiritual superiority into a bland existence of normality. They've sold the world this poison disguised as medicine through their softly spoken, ulterior-motive-spinning propaganda. What would the true masters say about this? Let's let the teachings of one of the spiritual greats, Jesus,⁵ do some talking.

HERE'S A QUICK NOTE ABOUT JESUS BEFORE I TELL YOU ABOUT JESUS!
THE BEST WAY TO BRING ACCURACY TO ANY BIBLICAL TEACHING IS
TO HAVE SOMEONE INTERPRET THE MESSAGE. THEN HAVE SOMEONE
INTERPRET THAT INTERPRETATION OF THE MESSAGE. THEN HAVE
SOMEONE INTERPRET THAT INTERPRETATION OF THE INTERPRETATION
OF THE MESSAGE. INTERPRETATIONS ARE LIKE WIVES TO MORMONS:
MORE IS ALWAYS BETTER! SO LET ME INTERPRET JESUS'S MESSAGE FOR
YOU BELOW, BECAUSE YOU SURELY CAN'T TAKE HIS WORD FOR IT. ✱

4 The one exception to this universal law is if you love to feel fear.

5 He's top five in most people's book. He's the only one for people with a really thin book.

SPIRITUAL SUPERIORITY AND SENTIENT BEINGS

Jesus was always talking about his “kingdom.” What’s the name for the owner of a kingdom? Was Jesus saying he was a king? Yes. Because he was truly spiritual. He was telling the world—or at least the couple of people within earshot of him at the time—that to be spiritual you need to be a king. Then his unspoken words, which are why you need me to tell you what he didn’t say, were, “Only the best people are kings.” You’re only the best if you’re better than people who aren’t the best. Therefore, only the best people are truly spiritual. Jesus was spiritually superior enough that he was able to walk on water while others were beginning to drown in the watered-down waters of spiritual mediocrity—probably because he was stepping on their inferior heads. What Jesus sacrificed his life for was to teach the world that real spirituality is a status symbol. This is the heart and soul of true spirituality, something that Ultra Spirituality is finally bringing back to the world for you—with more force than ever before.

**IT’S NOT ABOUT BEING BETTER THAN OTHER PEOPLE.
IT’S ABOUT BEING MORE SPIRITUAL THAN OTHER PEOPLE,
WHICH IS EXACTLY WHAT MAKES YOU BETTER THAN OTHER PEOPLE.**

THE ESSENCE OF ULTRA SPIRITUALITY⁶

We know this teaching of Jesus is true for one reason and one reason only: he spoke this message to a few people. Then someone who wasn’t there wrote his words down eighty years later, and those words were then translated from their original language before being interpreted by someone else a couple thousand years later. This means that the message of Jesus has withstood the test of time, outlasted the erosive forces of translation, and continues to shine through any interpretation because the words of Jesus are nothing but vibrant truth. Thank you, Jesus.⁷

6 Pay particular attention to your heart center while you read these powerful words.

7 If you’ve been offended by this section, please start praying for me and go directly to chapter 10.

Jesus isn't the only ancient spiritual master to have taught this message of spiritual superiority.⁸ Lord Krishna proclaimed the same

*YOU'RE ONLY THE BEST IF
YOU'RE BETTER THAN PEOPLE
WHO AREN'T THE BEST.*

message by getting people to call him "Lord" Krishna. If that's not next-level stuff, I don't know what is. Being called "Lord" trumps the name "King"

any day—there's just so much more superiority implied. Through the simple fact of his name, I have decoded the riddle of Lord Krishna's teachings: spirituality comes through superiority. And that's what Ultra Spirituality is all about. It's unfortunate that Krishna's original teaching became lost in plain sight for so long.

If the point of all this isn't obvious enough, let me point out the point to you: you don't have to go on an endless journey wandering around the desert searching for the light of true spirituality because Ultra Spirituality delivers it right to the door of your heart and soul. But you don't have to take my word for it. In fact, please don't! Because third-party endorsement is an excellent way to manipulate what people think, here's an Ultra Spiritualist I think you'll want to hear from:

HI SEEKERS,

MY NAME IS EUPHORIC ECSTASY. IT'S A NAME THAT BASICALLY MEANS "BLISS BLISS." AND MY MIDDLE NAME IS BLISS, WHICH MEANS ECSTASY, WHICH MEANS BLISS. AND THERE'S SOMETHING I'D LIKE YOU TO KNOW: I FEEL BLISS ALL THE TIME BECAUSE I'M ULTRA SPIRITUAL. IT'S GOOD TO BE ULTRA SPIRITUAL. BUT THINGS HAVEN'T ALWAYS BEEN THIS BLISSFUL FOR ME.

YOU SEE, I USED TO BE ONLY SPIRITUAL. IT WAS A POINTLESS TIME IN MY LIFE WHEN I WOULD DO SPIRITUAL PRACTICES IN SECLUSION TO GET IN TOUCH WITH MY INNER NATURE. I BECAME A JUNKIE >

8 If you've been offended by this line, please start praying for me and go directly to chapter 10.