



THE 12-CHAKRA SYSTEM

Energy Centers of Light and Sound



FIRST CHAKRA

Safety and Security



SECOND CHAKRA

Emotions and Creativity



THIRD CHAKRA

Beliefs and Structure



FOURTH CHAKRA

Relationships and Healing



THE SUBTLE BODY ORACLE DECK AND GUIDEBOOK

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INTRODUCTION

THE ENERGETIC JOURNEY

Are you ready to energize your life journey? Congratulations! These oracle cards are designed to help you do exactly that—and with ease, joy, and all the colors of vitality.

Many cultures across time have—and still do—ask questions of intuitively gifted individuals to arrive at the truth of a situation. This specially appointed sage employs their extrasensory abilities to consult with spirits and the Divine. In the process, they weigh in on historical events, current situations, and possible futures.

These inspirational mystics go by many names: oracles, mediums, diviners, intuitives, psychics, seers, medicine workers, shamans, dowsers,

fortune tellers, and healers. It's good to seek out spiritual help. By using these cards, however, you don't have to look to an outside source. You get to be your own oracle.

Do you doubt your ability to serve in such an auspicious role? Don't! Everyone is intuitive, or able to consciously connect with the truths forged in spiritual realms. As you'll learn in this guidebook, there are four main ways of accessing your intuition, and you'll be encouraged to use any or all of these when interacting with the deck, whether for your own or another's well-being.

Your "inner oracle" is your own spirit. This is your essence, the spark of the Divine that is uniquely you. I'll frequently reference the Divine in this guidebook and oracle cards, but feel free to use whatever term you prefer: Oneness, Allah, God, Kuan Yin, the Universe, Consciousness, Goodness, Higher Power, Creator, the Spirit, or whatever feels right to you. Sometimes I'll use the name "the Divine," and sometimes other terms. In fact, I'll

deliberately employ the label “the Spirit” in an exercise I’ll provide that will help you engage your intuition through the card spreads. That technique is called Spirit-to-Spirit, and it will provide energetic protection and ease in all your oracle dealings. You’ll also be shown an exercise called Healing Streams of Grace that will support you in creating transformation.

As you’ll discover, when you’re your own oracle, you’ll be even more empowered to enjoy your quests for life adventures.

The magic of The Subtle Body Oracle Deck can help point you in an exciting direction, hone your understanding of a particular issue, resolve a burning question, attract a gigantic opportunity, or shift a negative attitude in favor of supportive ideas. Working with these cards can further activate your career or spiritual purpose, enhance your relationships, and even bolster your physical and psychological well-being. They can shape your life in these ways because they aren’t your

regular cards. The Subtle Body Oracle cards are *energy* cards. As such, they are sculpted from wisdom that is thousands of years old.

Around the world, our ancestors perceived energy in ways we are only beginning to appreciate in our modern times. Energy is information that moves, and everything visible and invisible is made of it. There are two types of energy, however.

Physical energy is the stuff you can touch, smell, hear, taste, and see. But physical matter composes much less than one percent of all reality. The rest is subtle energy. And it's the subtle energies that decide what's going to appear or disappear in 3-D reality, especially when directed with your consciousness.

These days, we equate subtle energies with quantum wave-particles, quanta being the tiniest (but most powerful) units of reality. Fundamentally, subtle energies formulate the latticework upon which physical energies organize. That means that

if you shift the subtle energies composing a current situation, from a health challenge to lack of money, you can formulate a new and much happier reality.

Remember that I just said that subtle energies comprise more than 99 percent of all available energies? It's true. Because of this, there are a lot of energies to corral when seeking transformation. There are overwhelming numbers of energies, in fact.

Our ancestors came up with a solution, and it's embedded in this deck.

Using their intuition, yesterday's energy experts perceived not only subtle energies, but the subtle energy systems they comprise. In the same way that the body consists of organs (like the heart and liver), channels (such as the lymph and blood vessels), and fields (of sound and light) so does the subtle anatomy. Following are the four subtle energy families you'll interact with through these cards: