

Dedicated to the beleaguered people and  
endangered environment of Tibet,  
the Land of Snows.

Sounds True  
Boulder, CO 80306

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Illustrations © 2019 Vivian Mineker

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# THE YETI & THE JOLLY LAMA

A TALE OF FRIENDSHIP

WRITTEN BY LAMA SURYA DAS

ILLUSTRATED BY VIVIAN MINEKER

 **sounds true**  
BOULDER, COLORADO

Gather around, children, and hear a tale from far-off Tibet, the fabled Land of Snows. Surely you have heard of it, the mountain home of the legendary yeti, the Abominable Snowman.



Oh, not that kind of snowman!

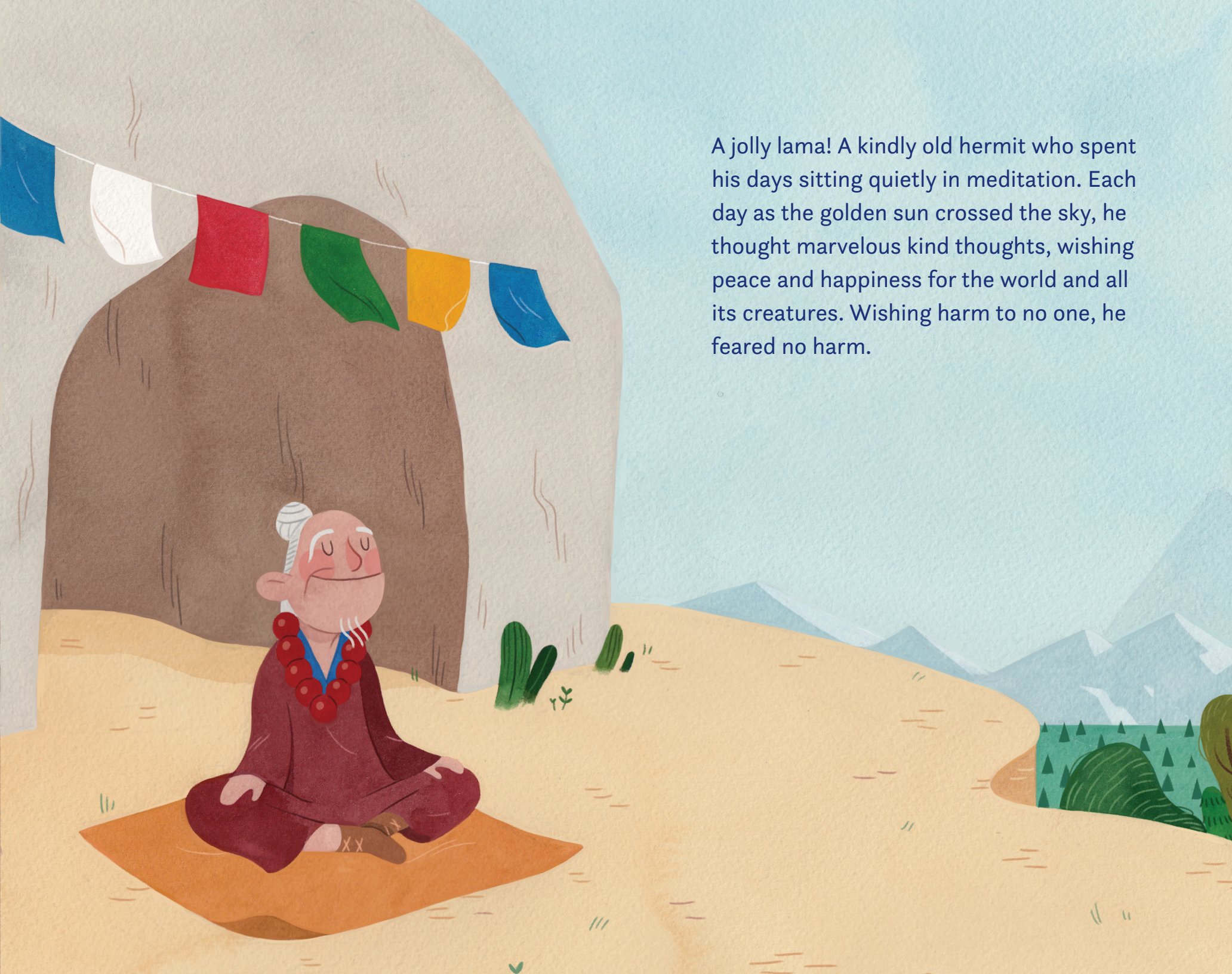


The abominable kind! Savage GiantFoot. The Spirit of the Glaciers. The terror of everyone. Everyone, that is, except a kind old lama who lived all alone in a cave at the very roof of the world.





Oh, not that kind of llama!



A jolly lama! A kindly old hermit who spent his days sitting quietly in meditation. Each day as the golden sun crossed the sky, he thought marvelous kind thoughts, wishing peace and happiness for the world and all its creatures. Wishing harm to no one, he feared no harm.